

## STANISLAUS COUNTY LIBRARY

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## PRESS RELEASE

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FOR IMMEDIATE RELEASE:

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## February Events at the Oakdale Library

The Oakdale Library will offer free crafts, activities, and informational programs this February, beginning with a Valentine's craft party on Wednesday, Feb. 1 at 3:30 p.m. Using a variety of craft supplies, children can make their own Valentine's Day cards. All ages are welcome.

The public is invited to receive free tax preparation assistance from Volunteer Tax Assistance (VITA) volunteers, trained by the IRS. Sessions will be held at the Oakdale Library Feb. 2 through March 30 on Thursdays from 4 to 7:30 p.m. Please call the library at (209) 847-4204 to reserve a spot, as space is limited.

LEGO Days will be held on Fridays at 3 p.m. Finished LEGO creations will be displayed at the library. Children under the age of 4 are welcome to participate, however they must have direct parental supervision at all times.

Toddlers and preschoolers can enjoy "Wee Move and Play" on Monday, Feb. 6 at 11 a.m. This program features an hour of music, movement, and sensory play.

The NAMI\* Connection Recovery Support Group will meet at the library on Tuesday, Feb. 7 from 5 to 6:30 p.m. (\*National Alliance on Mental Illness) This free, peer-led support group is designed to help adults living with mental illness. Participants can gain insight from hearing the challenges and successes of others. The group is led by NAMI-trained facilitators who follow a structured model to ensure that everyone in the group has an opportunity to be heard.

Teens and adults are invited make no-sew felt heart pillows on Wednesday, Feb. 8 at 3:30 p.m. Crafters will use colorful felt and pillow filling to make these heart-shaped pillows.

Teens are invited to discuss Sherman Alexie's *The Absolutely True Diary of a Part-Time Indian* at this month's meeting of the Teen Book Club on Thursday, Feb. 9 at 4:30 p.m. A limited number of copies are available for checkout at the Oakdale Library. Refreshments will be served.

A toddler dance party will be held on Monday, Feb. 13 at 11 a.m. This program will feature movement, dance and popular music from Story Time. The dance party is designed for ages 6 and under.

The library will offer free computer classes this month, beginning with Computer Basics on Tuesdays, Feb. 14 and 21 at 10:30 a.m. An Internet Basics class will be offered on Tuesday, Feb. 28 at 10:30 a.m. Advance registration is required for all computer classes; please contact the Oakdale Library at (209) 847-4204 to sign up.

"Anime Your Way with Carlos Nieto III" will be held on Tuesday, Feb. 14 at 3:30 p.m. Former Simpsons artist Carlos Nieto III will teach the public how to create and modify an original anime character. Participants of all ages and drawing abilities are welcome to participate in this free drawing program. All materials will be provided.

Kristin Harris, an advanced nutrition consultant student from the Bauman College Wellness Program, will teach a five week nutrition and wellness course on Tuesdays at 6:45 p.m. beginning Feb. 21. Topics covered in this course include eating for health, lean proteins and clean fats, allergy-free eating, and how to gain energy and lose weight. The course will conclude on March 21.

The library will offer a Tech Connect class on Thursday, Feb. 23 at 3:30 p.m. Participants will learn how to use the library website and download apps to access the library's eBooks (Cloud Library), eMagazines (Zinio), digital audiobooks (Hoopla), and online language learning program (Mango Languages).

The Oakdale Library Book Club will meet on Tuesday, Feb. 28 at 11:30 a.m. to discuss *English Creek* by Ivan Doig. Book clubs allow community members to expand their knowledge of books through meaningful discussions with others.

Craft programs, LEGO Days, Wee Move and Play, book club programs, Toddler Dance Party, and Anime Your Way with Carlos Nieto II are sponsored by the Friends of the Oakdale Library. The Oakdale Library is located at 151 S. First Ave. in Oakdale. For more information, please call the Oakdale Library Branch Supervisor, Wayne Philbrook, at (209) 847-4204.